



WELCOME TO CARE FOR KINDIES

A SECOND HOME FOR YOUR CHILD'S EARLY LEARNING JOURNEY



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CareForKindies



WELCOME TO CARE FOR KINDIES

Choosing the right Early Learning Centre is a big decision — and it's natural to feel a mix of emotions along the way. We're here to support you through every step.

Family owned and run since 1993, with educators who have been with us for decades, we understand that every family is unique. We take the time to listen, to adapt, and to create an environment where both you and your child feel at ease.

For your child, this is the beginning of a wonderful journey — making new friends, building confidence, exploring their independence, and developing the skills they'll carry into school and beyond.

Our goal is simple: to make Care for Kindies feel like a second home. A place where your child feels safe, happy, and inspired — and where you feel you truly belong.

OUR STORY

Care for Kindies began in 1993, when John and Carmen Cook opened our first centre on Margaret Street, Belfield. With a background in teaching, Carmen was determined to create something different – a place where children were at the very heart of everything.

From those early days, Care for Kindies has grown to three centres: Seymour Parade, Belfield (1996) and Camden Valley Way, Leppington (2007). We remain proudly family-owned and run, with John and Carmen's son, John Jr., now running the show. (You might still see John Snr. or Carmen popping in to say hello or deliver a meal. They live right next-door!)



Over the years, thousands of families have been part of our story – including the Cook family's own children and grandchildren. Our educators are at the core of who we are, with many having been with us for 10, 15, even 20+ years. Miss Jenni recently celebrated her 30th anniversary with us!

At Care for Kindies, we're a lot more than childcare. We're a family community, where children feel safe, supported, and inspired to learn every single day.





OUR PHILOSOPHY

At Care for Kindies, our values — shaped by the Early Years Learning Framework — guide everything we do to help children learn, grow, and thrive.

-  **Child-safe environment** where health, safety, and wellbeing come first.
-  **Play-based learning** in stimulating, engaging spaces that spark curiosity.
-  **Warm, welcoming community** where families of all kinds feel at home.
-  **Respect and dignity** for every child and family, every day.
-  **Celebrating diversity**, embracing all cultures, and encouraging pride in what makes us unique.
-  **Inclusive support** for children with additional needs, promoting acceptance and belonging.
-  **Anti-bias practices** to ensure fairness and equality in everything we do.
-  **Dedicated educators** are valued for their skills, knowledge, experience, and culture.
-  **Child-led learning** that encourages choice, independence, and confident communication.
-  **Tailored curriculum** based on each child's needs, interests, and developmental stage.
-  **Smooth transitions** between rooms and into school, ensuring security and confidence.
-  **Ongoing professional development** so our educators continue delivering the highest quality care.

WHAT PARENTS SAY ABOUT US

Recent
Google
Reviews
★★★★★

I have never experienced such a dedicated, educated and passionate group of people - lucky these people are supporting and nurturing my son at CFK. Their willingness to help find solutions in tricky situations, communicate in an honest and professional manner and create safety and fun is only the tip of what I've experienced in the last year. The growth my son has showed under the CFK care is incredible and I am sincerely grateful.

NATASHA FRAGASSI
NOVEMBER 2024

My son loves attending school. He talks enthusiastically about his friends and teachers at Care for Kindies. They make my son feel like he belongs, which I am grateful for. The teachers are always involving the children in various educational activities. We look forward to all the family events. I feel good knowing that he is in good hands and is able to enjoy all the healthy meals that are freshly prepared. Thank you to all the staff. Your work and care for the children is invaluable.

ROSE PILGRIM
NOVEMBER 2024

I can't say enough positive things about Care for Kindies! Over the past 10 years, my four sons have had the most wonderful experiences here, and I'm truly grateful for the incredible care they've received. Care for Kindies is a truly special place.

FRANSCESCA DE BARI
NOVEMBER 2024



OUR APPROACH

Children learn best when they feel at home. That's why our centres are filled with natural materials, open-ended play spaces, and plenty of opportunities to explore the world around them. This back-to-basics feel is balanced with modern technology — from smart boards and touchpads to online learning tools — so children are equipped for the future while staying connected to nature.



Our educators are at the heart of everything we do. Many have been with us for years, bringing experience, stability, and genuine care to our community. They take time to understand each child's needs, interests, and abilities, building strong, lasting relationships with families. With a wide mix of cultural backgrounds and languages, our team reflects and celebrates the diversity of our community.



Our Early Education Program, designed by experienced early childhood professionals, provides the perfect mix of structured learning and free play. Babies, toddlers, and preschoolers all benefit from engaging experiences that support their development and prepare them for school — while nurturing their curiosity and confidence.

Most of all, we measure our success in the simplest way: the happy, smiling faces of the children in our care.



EARLY EDUCATION PROGRAM



Starting school is a big step. At Care for Kindies, we prepare children not only academically, but socially, emotionally, and physically, so they feel confident and ready for the journey ahead.

Our program is inspired by leading educational approaches — Reggio Emilia, Vygotsky, and Bronfenbrenner — with a strong focus on child-led learning, social connections, and the influence of community and environment.



Each centre feels like an extension of home: warm, creative spaces filled with natural materials, art, books, and open-ended resources that spark curiosity.

Our educators design projects and experiences around children's interests, extending their learning in meaningful ways. For example, if a child shows an interest in butterflies, an educator may extend that interest into a project about the lifecycle of a butterfly and then create a 'bug hotel' in the garden. By nurturing independence, imagination, and confidence, we help children build the life skills they need to thrive at school — and beyond.



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A YEAR AT CARE FOR KINDIES

Throughout each term, experiences are carefully adapted to every age group and every child, recognising that independence, resilience, and learning look very different for a baby than for a preschooler. Projects throughout the year are inspired by the children's interests, so learning is always fun!



TERM 1

STRONG SENSE OF SELF

Children begin by developing independence, self-esteem, and awareness of who they are. Experiences are tailored to their stage of development — for babies, this might mean recognising their own belongings or routines, while preschoolers build confidence by sharing their likes, dislikes, and personal identity.

TERM 2

STRONG SOCIAL SENSE

This term focuses on belonging, relationships, and resilience. Babies and toddlers learn about trust, turn-taking, and simple routines, while older children explore social roles, responsibilities, and values, and begin early literacy and numeracy in playful ways.

TERM 3

PRE-LITERACY & PRE-NUMERACY

Across all ages, everyday play becomes a foundation for literacy and maths. For the youngest, this may look like stacking blocks, rhymes, or recognising patterns, while preschoolers engage in activities that build vocabulary, number concepts, and problem-solving.

TERM 4

APPLIED LITERACY & NUMERACY

Children consolidate their learning in age-appropriate ways. Babies and toddlers practise communication, movement, and recognition skills, while preschoolers focus more formally on letters, sounds, and numbers, alongside activities that prepare them for a smooth and confident transition to school.

THERE'S ALWAYS SOMETHING EXCITING HAPPENING!

It's not JUST about learning ... At Care for Kindies, we're all about the fun, and there's always something exciting going on. Here are just a few of the events you can expect throughout the year. We invite families to join us too!



HEALTHY HAROLD



CHRISTMAS IN JULY



FIREFIGHTERS VISIT



CHICK AND DUCKLING HATCHINGS



EASTER BUNNY VISIT



COLOUR RUN



MOTHERS DAY MORNING TEA



WEEKLY SOCCAJOEYS LESSONS

AND SO MUCH MORE ...



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SEYMOUR PARADE

At Seymour Parade, every day is filled with **extraordinary experiences** for every age group – carefully created by our talented educators, who know how to turn curiosity into magical moments of learning. As the smallest of our three centres, we're able to provide an incredibly **personalised approach**, ensuring each child feels safe, seen, and inspired. And because we believe in fuelling little explorers properly, our **chef-prepared meals** are made fresh onsite daily. Here, children aren't just cared for – they're celebrated.

We welcome up to 35 children per day. Our boutique, home-like setting features a dedicated Kindy room (6 weeks–2 years) and Preschool room (3–6 years). Parents receive daily updates via Storypark.



Mon-Fri 7:00AM – 6:00PM



71 Seymour Parade, Belfield



Max: 35 children per day



seymour.pde@careforkindies.com.au



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MEET OUR CENTRE DIRECTOR

Belinda Lukunic

Bel has been the Centre Director at Care for Kindies Margaret Street since 2007 and, since 2022, also leads our Seymour Parade centre. She holds a Bachelor of Education (Early Childhood Education) and has been working in the sector since 2001.

A proud mum to two sporty and adventurous daughters, Bel brings both professional expertise and personal experience as a parent to her role. Her passion for early childhood education began at a young age and continues to shine through in everything she does.

Bel is known for her love of cooking and her talent for creating inspiring, creative learning environments. She is deeply respected and loved by educators, children, and families for her warm, approachable nature.

Together with her dedicated team, Bel has worked hard to build centres that feel like home – places where children are nurtured, families feel supported, and every child's individual needs are valued.



MEET OUR EDUCATIONAL LEADER

Miss Manal

Manal has been part of the Care for Kindies family since 2019, when she made the life-changing decision to leave a career in marketing and follow her true passion for early childhood education. Since then, she has grown into a confident and dedicated educator, committed to inspiring and supporting children every day.

As Educational Leader, Manal plays a vital role across our Belfield centres. She supports our educators through regular one-to-one reflection sessions, team discussions, and ongoing professional guidance. She is not only a mentor and advocate but also a trusted confidant, ensuring our team feels supported both personally and professionally.

Her expertise, passion, and warmth have made her an invaluable part of Care for Kindies, and we feel very lucky to have the benefit of her knowledge, dedication, and friendship.



SPRING/SUMMER MENU

WEEK: 1

Breakfast

Morning tea

Lunch

Veg lunch

Afternoon tea

Mon

Weet-Bix
Oat Porridge

Vegetable platter
Milk

Lamb rissoles wholegrain wrap
with yoghurt sauce & salad

Falafel wholegrain wrap with
Hummus & Salad

Wholemeal flat bread
pizza Fruit platter & Milk

Tue

Weet-Bix
Baked beans on toast
with cheese

Vegetable platter with
wholemeal pita bread
Milk

Chicken, spinach,
capsicum, broccoli,
cauliflower noodle stir
fry

Tofu, spinach, capsicum,
broccoli, cauliflower
noodle stir fry

Sugar free Banana bread
Fruit platter & Milk

Wed

Weet-Bix
Porridge

Avocado and tomato on
wholemeal toast
Milk

Beef kofta with wholegrain wrap
and hummus with lettuce, tomato
and cucumber

Falafel wholegrain wrap with
hummus with lettuce, tomato &
cucumber

Veggie platter with
cheese & wholemeal
crackers
Fruit platter & Milk

thur

Weet-Bix
Crumpets

Wholemeal cheese
toasties
Milk

Wholemeal spaghetti
bolognaise

Veggie wholemeal
bolognaise (lentils,
beans and spinach)

Veggie platter with
hummus & corn cakes
Fruit platter & Milk

Fri

Weet-Bix
Pikelets

Vegetable platter with
hummus
Milk

Fried rice with lentils, zucchini,
carrot and peas served with
brown rice

Vegetarian fried rice with lentils,
zucchini, carrot and peas served
with brown rice

Cheesy vegemite scrolls
Fruit platter & Milk